



Wall Padding Perks for Autism Safe Rooms

1. Tactile Stimulation

Customize your wall padding with soft surfaces and unique textures. The customized textures offer comfort to those experiencing hypersensitivity, while the more textured surfaces provide an option for those seeking more sensory input.



2. Proprioceptive Input

This term refers to the need for deep pressure. These individuals benefit from things like weighted blankets, but when they are not available, they may find comfort in pressing their bodies against a wall. Wall padding provides a softer, more protective space for this activity.

3. Noise Reduction

Loud noises can be overstimulating for individuals with autism. Wall padding absorbs sound and creates a quieter, more comfortable environment.

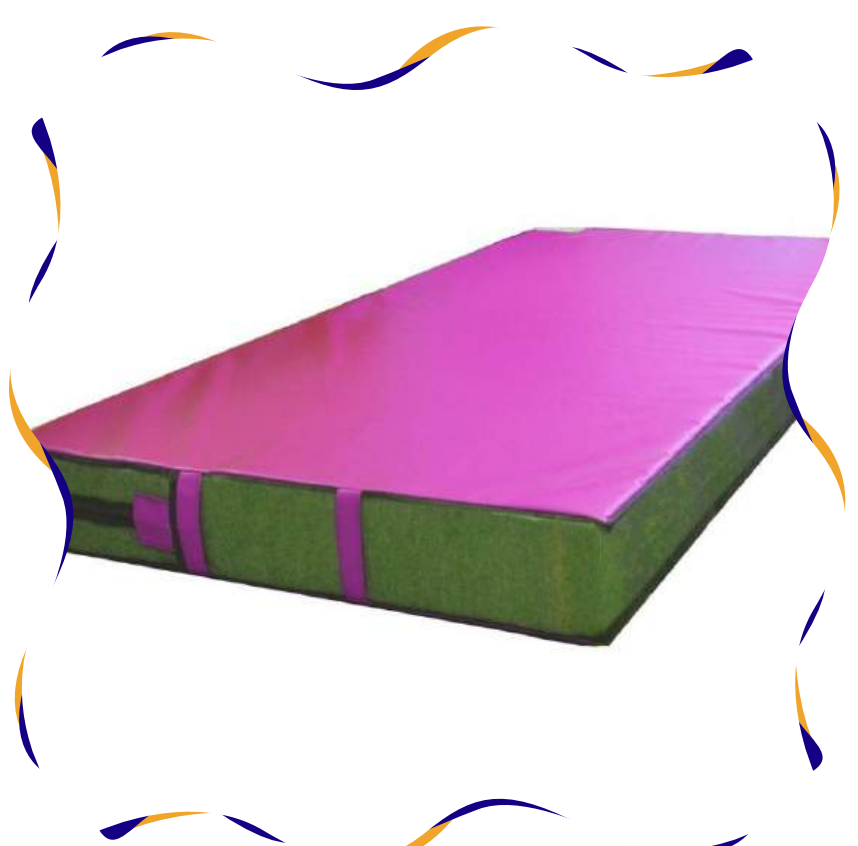


4. Calming Colors

Bright colors can be a visual stimulant. In sensory-friendly environments, colors should be calming. Consider using customized colors such as pastels or soft tones that promote security and predictability.

5. Safety During Meltdowns

Overstimulation can lead to meltdowns. Meltdowns often include self-stimulatory behaviors, known as stimming, and may result in accidental falls or other injuries. When those occur, wall padding is the safety net. The padding protects from incidents that can happen during an episode.



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